

ASSIGNMENT #1

The most important assignment you will be given is to take parenting classes. Use the Resources provided in the Parent Page of the AMYA website and pick one. If you cannot find a class to take, please contact the AMYA Counselor.

“At Risk” behavior is a systemic problem not an individual one. Long lasting change in an individual must be supported by similar change within the environment they live in. The best way for you to help your child over the next 22 weeks is to take on the enormous challenge to change the home environment and yourselves.

Your assignment for the first two weeks are as follows:

- Sign up for a parenting class in your area or online. Contact the AMYA Counselor and let them know what you have signed up for.
- Start or continue to write a MINIMUM of three (3) letters a week to your candidate.
- Recruit at least six (6) new people (of good influence) who write to your candidate on a regular basis.

That is it for the first two weeks! Pretty simple right?

Remember, long lasting change must be supported by a changed environment. Your children are a product of their environment, and if you don't understand and adjust your environment over the next 5 1/2 months, the change may not be as long lasting as anyone would like. The main reason your child will do so well at the Academy is simple. We have created an environment that is safe, healthy, positive and consistent. They need similar change in their home environment to be successful long term.